

AutoScholar

Driving Education



Are you a driver with diabetes?

If so then please take a moment to consider the following points.

- Do not drive if you feel hypoglycaemic or if your blood glucose is low — 5 to drive.
- Always carry a hypo remedy in the car with you.
- If you feel hypoglycaemic while driving then
 - Stop where safe and switch off the engine;
 - Remove the key from the ignition (if not keyless starting);
 - Move to the passenger seat;
 - Deal with the hypo;
 - Wait 45 minutes before starting to drive again.
- On long journeys, test blood glucose every two hours.

Be a safe driver!

For more information please visit

www.diabetes.org.uk

www.dvla.gov.uk

enquire@AutoScholar.uk

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